



March Awakening

March, the month when things are starting to wake up. I am feeling the same, there seems to be so much coming at me at once. I have found out that I am not alone that there are many people who feel that they have been pushed way out of their comfort zone and major changes are in the wind.

Being in line with the time of year, our sense of being is challenged to grow. Spiritual Niagara offers the connection to various practitioners that offer the possibility of change. This type of change is very difficult to do on your own.

I know that there are a great number of people dealing with financial struggles. I found a video that provides a technique to use your intuition to help you find some answers. [Developing Intuition - Getting Answers to Financial Questions](#)

[Christine's article](#) on imagination also provides you with a tool that we often forget that we have.

Read about and join the [Perpetual Peace Project](#) with Carl David Onofrio taking place this summer.

Welcome spring and with it the growth of new possibilities.

Namaste,

Kathy Upper
[Spiritual Niagara](#)



Inside this issue:

March Awakening.....	1
Crystal Connections.....	1
Lightworker's Way.....	2-3
Ask Jewelee.....	4
Of Myth & Magic	5
The Jam in Perpetuity.....	6
Spiritual Niagara Webpage Assoc.....	8-9

CRYSTAL CONNECTIONS with Carolina



Ruby Zoisite (aka Anyolite) – The beautiful romance of Ruby and Zoisite grew together to form dynamics in the mineral Kingdom. This stone connects to the spiritual realm and assists with soul memory and healing, as well as past life work. The Zoisite property is effective to the heart chakra, as well as the root chakra. The Ruby infusion activates the crown chakra. The Zoisite property can transmute negative energies into positive ones, and assists in manifestation of will.

Ruby Zoisite detoxifies, while strengthening the immune system, treating the heart, spleen, pancreas and lungs. This stone stimulates fertility and helps heal ovaries and testicles. A wonderful collection, for your mineral apothecary, discovered in Austria, also mined in Tanzania. Mention this stone and ask about the 15% discount on the stone and jewelry.

Quote of the Month – Those who do, don't say!

Haven Global, 4394 Queen St., Niagara Falls, ON L2E 2L3 tel/fax 289-296-3781, info@havenglobal.ca, www.havenglobal.ca, or view Facebook Haven



LIGHTWORKER'S WAY

The Mystery of Imagination: The Imagination of a Child

By Christine Whelan

"Logic will get you from A to B. Imagination will take you everywhere. --Albert Einstein.

Happy Spring my friends!!

Remember, the Spring Equinox (this year March 20) is a time of renewal and new beginnings so let's get shakin' with the unfinished business that blocks our motivation and creativity and open up wide to receive the energies of something new and simply marvelous into your life!

I have had the privilege of being raised by two very creative parents; creative in two very different ways. This I have found has doubled my spectrum of imaginative possibilities. In this way, I have been truly blessed. Along the way, I have picked up different means of expressing my creativity. And since I am also a teacher at heart, I have developed and gathered a vast portfolio of children's programs, activities, games and props.

I believe, where imagination is concerned, this is where a child is magical!

What is imagination?

"No mortal can possibly answer that question. With all of our scientific research no one has found any rational clue as to the source of this great power, outside of God or Spirit. Nor has anyone been able to determine how far the use of imagination is able to carry one. It is Infinite. It is the mystery of mysteries; and it might be compared to electricity in this respect. Yet we know it does exist and that its power for good is inconceivable, if used constructively, correctly." – Psi Tek's "How to Live Life and Love It"

And yet to children, imagination is simply what it's all about.

For 4 summers I worked at a local campground running a weekly children's program I developed called "Imagine" – A Child's Experience. Each session started with the children gathered around me, sitting on picnic tables in a large room in a barn on the grounds.

"Who has an imagination?" I would shout out to the semi-patiently awaiting young campers, encouraging a show of hands. "Everyone should have their hands up because everyone has an imagination. So, what's the difference between a person with a big imagination and one with a small imagination?"

I would routinely hold up my arm in a flexing muscle fashion, asking the kids to do the same. "Imagination is like a muscle. Our imagination needs to be exercised just like our muscles in the rest of our body need exercising if you want a strong imagination. And having a strong imagination gives you power."

I love how this message lit up all those little eyes looking back at me!

We finished the hour making a mess, rules only pertaining to respect of self and others, as well as safety issues. There was one instruction, "Grab what catches your attention and create!"

Some kids took up to a half hour to allow their creative light to turn on. Many of the toys and activities kids now grow up with don't exercise the creative mind as much as 30 years ago. The kids who got it faster, or even right away, were the ones whose parents stuck around and participated. Creative



*...having a strong
imagination gives
you power*



parents create creative children. Since I encouraged the parents to stay and have fun, the program is actually a family event. I didn't call it this however, because this left out the children who came on their own. You see, this program also benefited the parents who had a better experience with their children after they had the need to have some alone time met while their children were getting their creative needs met. For those children, they often made creative gifts or games to take back to their site.



Children innately understand the mystery and joy of imagination. It just comes natural to them. I was told recently that children, because it hasn't been that long since they were born, their mortal being is still close to

their spiritual being. It hasn't been that long ago since they were spirit. And we as spirits, are breathtakingly imaginative!!

We have just as much to learn from children as they have to learn from us. What we have to learn is how to remember. Children can remind us how to be true to ourselves.

Help the chills left from these dark days of winter rise from your body by sitting with a child this week. Listen, laugh, sing, dance and pretend with this child. Learn from this child and you will be blessed.

Just imagine, my friends....

Christine

Christine's website (Spiritual Niagara)

http://www.spiritualniagara.ca/Christine_Whelan_McCoy.html

Christine's Blogsites

<http://gatekeepersandlightworkers.wordpress.com/>

<http://inspirationaltransformational.com/blog/?p=179>





Ask Jewelee Column

Dear Jewelee,

I have a huge amount of things that I am juggling with at the moment. Just wondering if you can give me any guidance. More specifically my question is regarding my marriage and financial choices that I will have to be making soon.

Thank You
Lorraine, Virgo

Lorraine:

Thank you for your question. I see that yes you have some choices to make and the choices are in more than one area of your life. The choices are also connected so making one leads to making others. I get a good solid foundation base for you and your husband. Rich, not a solid financial foundation but you will be making some choices. I get a lot of fear involved in making the choice. I see as well as financial some choices to be made with your husband. You are doing some soul searching right now and afraid you may not find the answers. I see you wanting to have it all. (I hope this makes sense to you) I am also getting the feeling with the choices you make there could be the possibility of a move. I get this as a positive not a negative feeling. It is like inside you know what to do you are just a bit afraid to do it. You have to trust your gut and go with your own intuition. It will never lead you wrong.

I get you feeling off balance right now and once you make the decisions I get a feeling of spiritual growth and balance and happiness. Only you can make the decisions but if you trust your gut instincts you know it will be all ok. I see your husband as a bit of a worrier and that can be causing some of the tension and stress I am feeling. To me the hard part for you is making the decisions and once they are made it is smooth sailing and to help you make them turn inward not to others.

Hope this answers your question
Jewelee

Jewelee is the owner of the [Ask Jewelee Store](#) at 4911 Victoria Ave, Niagara Falls, ON. You can submit your questions for [Jewelee through our website](#). Your question can be something personal for yourself or others or you might have questions about being a Psychic. If you would like to meet with Jewelee for a private reading contact her directly through her website or by phone.

Of Myth and Magic by Lisa Iris



Based on The 2012 Calendar- Crystal Wind Fantasy Collection
www.zazzle.com/crystalwind/gifts

Moon Goddess - Ostara and Ancestral Memory

In ancient Rome, March, the first month of spring, began the new year. March was dedicated to Mars, the god of war, as the more clement weather unleashed military campaigns. Yet Mars was not always the god of battle. To the Etruscans, he was the deity of crops and fields, ruling fertility and spring. Over time, Mars' mandate for growth progressed from agrarian abundance to territorial conquest.

Did Roman armies "March" into the land of your forefathers? Do the battle cries of Teuton, Saxon or Celt echo in your ancestral memory? If so, your spirit is called to the sweeping vistas and megalithic sites of Northern Europe. The mystery of Stonehenge, the sanctuary of celestial time, is your legacy.

In March, these sentinels of stone pronounce a moment of great import. The Vernal Equinox has begun; the time when day and night are of equal length. Light will overtake the darkness and the seasons of generation and expansion will return. It is on the first full moon after the Equinox that the rites of spring are celebrated. Standing in the shadow of Stonehenge, it is the Moon that brings you here; drawn by her ever changing beauty, compelled by her power. Slowly, she reveals her identity, shining through a veil of drifting clouds. You re-discover the deity of your ancestors. She is Ostara, the Moon Goddess of Spring.

Eclipsed by centuries of suppression, Ostara is still glimpsed by those who would see her. Also known as Eostre, her name reveals the vestiges of the pagan world woven into Easter tradition. The legacy of the Moon-Hare, (Ostara's companion perceived in lunar shadows) gifts us with chocolate rabbits. Children, searching their home and yard for hidden eggs, play unaware that once, those who followed the old ways, concealed these gifts to Ostara from Christian eyes.

As one faith predominates another, what is common to both integrates and endures. Nature's rebirth merges with resurrection. Whether one is Roman, Celt or Christian, the body and soul is stirred by the promise of spring after the death of winter. The triumph of life shines as brightly as the Moon in her passionate completeness.

The Jam in Perpetuity and The Perpetual Peace Project with Carl David Onofrio

What this is:

The idea of the *jam in perpetuity* is to have music being played continuously and to never stop. People would stream in and out. The music would flow forever.

How this will be achieved:

To keep the music going forever will require the co-operation of many entities. The music will be passed, like a baton, to each new participant. In the same way, it will have to be kept alive and passed to future generations.

Where will this take place:

To be specific, this project is taking place in Niagara Falls. In general this project is a human project and we believe there are many pockets of people working towards similar goals all over the Earth. This is a truly global project.

What this is about:

Generating harmony through creativity.

For a musical jam to keep going forever would take a lot of energy, co-ordination, co-operation, and dedication. Take a moment to imagine a hundred years from now, or, yikes, a thousand years from now. Now imagine that the same project has been going on for that amount of time. This is the time to take a step back and ask "What for?" or "Why?". If a project is to be going on generation after generation, what are we trying to create?

We propose with this project that the aim be to create human happiness. Happiness for each individual and for the whole human race. Here are some taglines to consider *Generating harmony through creativity* or *Generating harmony through music and the arts* or *generating harmony*. Where harmony can be thought of as a certain type of happiness where there is as much

consideration given to the whole group as to the individual. After all, in music, harmony comes when each individual part fits perfectly with other parts and it is recognized that each part is connected as a whole.

This is where the name *Perpetual Peace Project* comes in. The "Perpetual Peace Project" is the jam in perpetuity played to *generate harmony on Earth*. We look at Peace as a state of well-being characterized by a sense of belonging and feeling at one with the Universe or the world around you. This is another way of saying what we've already said about harmony., it is a certain type of happiness. We do not define Peace by the negative aspect, that is to say, a lack of War. We believe peace to be a positive quality of being, a good thing. Picture people enjoying

themselves, dancing, laughing, smiling not simply standing around not fighting.

We use the word "generate" intentionally. Consider these two facts 1) Electricity has been generated from the flow of the Niagara river for over 150 years. The flow of the water is used to create a current of electron particles that we call electricity. We use the electrical energy for many different purposes to enhance our life. 2) In the last 100 years atomic bombs have been created showing that the power of the lightest, smallest elements in the physical world have massive stores of energy.

We are proposing that 1) harmony can be generated in a very real and physical sense and that 2) we as human beings have massive stores of creative energy. Music is helpful in understanding both of these things. Music in a physical sense affects the vibration of, well, everything that it comes into contact with. When played properly (and listened to properly), music can elicit feelings in humans as far ranging as extreme sadness to extreme elation. What is more, music has the power as a social tool to reveal the connections between all of us and to unite us in a common moment. Music, played by a few can help to



create a magical moment experienced by many. How can this be understood?

It may be as simple as this: we all have hearts that beat. We are all musical beings with our own heart beat. Through music we can connect our beating hearts to the rhythm of a common beat.

Generating Peace and Harmony through Music and Love

Now that we are talking about heartbeats, perhaps this is the time to bring up a word that is most associated with the language of the heart: Love. Love is a mysterious word that can be used to point to what is most valued about human life. For the *Perpetual Peace Project* we can think of Love as the *highest quality of human experience*. Highest means the best in this sense, and energy can be substituted for quality.

Best Energy

If we embody Love then we are living in the best energy possible and we are also radiating this energy through our pulsing heart. We believe that this energy affects the living beings around us, other people, the very air we breathe, and the water that we drink. We believe it has the power to change the life around us. This project is an exploration into the healing power

of musical energy toward the generation of peace and harmony on Earth.

When:

Now! The Perpetual Peace Project will explore the use of music and art as healing tools collectively starting on June 21st, 2012 in Victoria Park, Niagara Falls, Ontario, Canada. At Art In the Mist this September 7-9, on the beautiful grounds of Mount Carmel spiritual center in Niagara Falls, the perpetual peace project will focus on raising awareness of the power of music and art to transform human experience for the better.

Carl David Onofrio

Singer/Songwriter
Performing Musician

listn.to/cdo

www.thesixtyone.com/cridder

www.thesixtyone.com/seaofgoldandburgundy

www.perpetualpeaceproject.com

peace.love.unity.respect



Please visit our webpage associates
(click on their names to visit their page)



[Yvonna Zerebecka](#)



[Carolyn Shannon](#)



[Nancy Broerse](#)



[Tamara Bernard](#)



[Jennifer McKenzie](#)



[Christine Whelan](#)



[Kim Reid](#)



[Feir Johnson](#)



[Lisa Iris](#)



[Heather Keeso](#)



[Anita Djurkovic](#)



[Carolina Lipinski](#)



[Sheri Lynn Webber](#)



[Jewelee](#)



[Lisa Ellis](#)



[Janet Leonard](#)



[Kathy Upper](#)

Don't forget the [Spiritual Niagara Calendar](#) for the latest happenings in 2012!

Email: info@spiritualniagara.ca

Web: www.spiritualniagara.ca